

# JUNE EVENTS 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Liv responsibly event



Liv well event



Event Benefiting The American Cancer Society's "Relay for Life"



Liv connected event

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

**Sound Bath & Breathwork**  
7:15pm - 8:00om | Virtual

04

**Candle Restorative Yoga For Beginners**  
7:15pm - 8:00pm  
Yoga Studio

05

**HydroFit | Ben**  
6:00pm - 6:45pm | Main Pool

06

**Buns & Guns**  
7:15pm - 8:00pm | Yoga Studio

07

**Yoga**  
7:30pm - 8:15pm | Liv Fit

08

**Pancake Breakfast**  
9:00am - 10:00am | The Hub

**Kickboxing**  
10:30am - 11:30am | Liv Fit

10

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

**Bicycle Wash**  
12:00pm - 1:00pm  
Car Care Center

11

**Candle Restorative Yoga For Beginners**  
7:15pm - 8:00pm  
Yoga Studio

12

**HydroFit | Ben**  
6:00pm - 6:45pm | Main Pool

**Financial Planning**  
6:30pm - 7:30pm | The Hub

13

**Core Crusher**  
7:15pm - 8:00pm | Yoga Studio

14

**Yoga**  
7:30pm - 8:15pm | Liv Fit

15

**Salt River Tubing**  
9:00am - 12:00pm | Salt Lake

16

**Yappy Hour**  
10:00am - 11:00am | Bark Park

**Kickboxing**  
10:30am - 11:30am | Liv Fit

17

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

**Father's Day Potluck**  
12:00pm - 1:00pm | Beach Pool

**Sound Bath & Breathwork**  
7:15pm - 8:00om | Virtual

18

**Candle Restorative Yoga For Beginners**  
7:15pm - 8:00pm  
Yoga Studio

19

**HydroFit | Ben**  
6:00pm - 6:45pm | Main Pool

20

**Buns & Guns**  
7:15pm - 8:00pm | Yoga Studio

21

**Food Truck Friday 360 Kitchen**  
5:00pm - 7:00pm | Front Lot

22

**Happy Hour**  
6:00pm - 8:00pm | The Hub

23

**Kickboxing**  
10:30am - 11:30am | Liv Fit

24

**Salt River Tubing**  
8:30am - 12:00pm | Salt Lake

**Sound Bath & Breathwork**  
7:15pm - 8:00om | Virtual

25

**HydroFit | Ben**  
6:00pm - 6:45pm | Main Pool

26

**Kid's Club**  
4:00pm - 5:00pm | The Hub

27

**Core Crusher**  
7:15pm - 8:00pm | Yoga Studio

28

**Isidro Memorial Day Moment of Silence**  
10:00am | Splash Pad

29

**Yoga**  
7:30pm - 8:15pm | Liv Fit

30

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