

NOVEMBER EVENTS 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

KEY



liv
responsibly
event



liv
well
event



liv
connected
event

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

05

5K Turkey Trot
8:00am - 12:00pm | Liv Avenida

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

12

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

19

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

26

Pickleball
5:15pm - 6:00pm | Sport Court

Candle Restorative Yoga
7:30pm - 8:15pm | Liv Fit

07

Pickleball
5:15pm - 6:00pm | Sport Court

Candle Restorative Yoga
7:30pm - 8:15pm | Liv Fit

14

Pickleball
5:15pm - 6:00pm | Sport Court

Candle Restorative Yoga
7:30pm - 8:15pm | Liv Fit

21

Pickleball
5:15pm - 6:00pm | Sport Court

Candle Restorative Yoga
7:30pm - 8:15pm | Liv Fit

28

Ask an Aesthetician | Karee
6:30pm - 7:30pm | The Hub

01

Kid's Club
4:00pm - 5:00pm | The Hub

15

OFFICE CLOSED
Thanksgiving

23

30

Yappy Hour
10:00am - 11:00am | Bark Park

Group Hike
12:00pm - 1:00pm | TBD

04

Pancake Breakfast
9:00am - 10:00am | The Hub

Group Hike
12:00pm - 1:00pm | TBD

11

Group Hike
12:00pm - 1:00pm | TBD

18

Group Hike
12:00pm - 1:00pm | TBD

25

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US!**



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