

FEBRUARY EVENTS 2024

● Events in orange represent Liv Wellness Classes
 ● Events in blue represent resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

04

Core Crusher
6:45pm - 7:30pm | Yoga Studio

05

Candle Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

06

Family Game Night
6:30pm - 7:30pm | The Hub

07

Yoga
7:30pm - 8:15pm | Liv Fit

01

Hiking Club
12:00pm | TBD

GROUNDHOGS DAY 02

Pickleball
10:00am - 11:00am | Sport Court

03

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

11

Stitch with Bella
6:30pm - 7:30pm | The Hub

Buns & Guns
6:45pm - 7:30pm | Yoga Studio

12

Candle Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

13

Kid's Club
4:00pm - 5:00pm | The Hub

VALENTINE'S DAY 14

RentPlus Crash Course
5:00pm | Virtual

Yoga
7:30pm - 8:15pm | Liv Fit

15

Hiking Club
12:00pm | TBD

16

Pickleball
10:00am - 11:00am | Sport Court

Yappy Hour
11:00am - 12:00pm | Bark Park

17

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

18

Core Crusher
6:45pm - 7:30pm | Yoga Studio

19

Candle Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

20

21

Domino Crew | Mexican Train
(Led by Liv Resident, Linda)
1:00pm - 2:00pm | The Hub

Yoga
7:30pm - 8:15pm | Liv Fit

22

Hiking Club
12:00pm | TBD

**Food Truck Friday:
Pacific Rim & Sushi**
5:00pm - 7:00pm | Front Lot

Happy Hour
6:00pm - 8:00pm | The Hub

NATIONAL BANANA BREAD DAY 23

Pickleball Tournament
12:00pm | Liv Ahwatukee

24

Morning Flow Yoga
10:30am - 11:15am | Yoga Studio

Book Club
(Led by Liv Resident, Ginger)
2:00pm - 3:00pm | The Hub

25

Buns & Guns
6:45pm - 7:30pm | Yoga Studio

26

Candle Restorative Yoga
7:30pm - 8:15pm | Yoga Studio

27

28

Yoga
7:30pm - 8:15pm | Liv Fit

29