

# MARCH EVENTS 2024

● Events in **orange** represent Liv Wellness Classes  
 ● Events in **blue** represent resident-led events (not Liv sponsored)

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



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**READ ACROSS AMERICA DAY**

01

02

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

03

**HydroFit**  
6:00pm - 6:45pm | Front Pool

04

**Candle Restorative Yoga**  
7:30pm - 8:15pm | Yoga Studio

05

**Family Game Night**  
6:30pm - 7:30pm | The Hub

**Core Crusher**  
7:15pm - 8:00pm | Yoga Studio

06

**Yoga**  
7:30pm - 8:15pm | Liv Fit

07

**Stitch with Bella**  
6:30pm - 7:30pm | The Hub

08

**Pancake Breakfast**  
9:00am - 10:00am | The Hub

09

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

10

**HydroFit**  
6:00pm - 6:45pm | Front Pool

11

**Candle Restorative Yoga**  
7:30pm - 8:15pm | Yoga Studio

12

**Buns & Guns**  
7:15pm - 8:00pm | Yoga Studio

13

**PI DAY**

**Yoga**  
7:30pm - 8:15pm | Liv Fit

14

**Community Yard Sale**  
9:00am - 5:00pm | Community-wide

**Yappy Hour**  
11:00am - 12:00pm | Bark Park

16

**ST. PATRICK'S DAY**

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

17

**HydroFit**  
6:00pm - 6:45pm | Front Pool

18

**Candle Restorative Yoga**  
7:30pm - 8:15pm | Yoga Studio

19

**Kid's Club**  
4:00pm - 5:00pm | The Hub

**Core Crusher**  
7:15pm - 8:00pm | Yoga Studio

20

**Domino Crew | Mexican Train**  
*(Led by Liv Resident, Linda)*  
1:30pm - 2:30pm | The Hub

**Yoga**  
7:30pm - 8:15pm | Liv Fit

21

**El New Yorican Food Truck**  
5:00pm - 8:00pm | Front Lot

**Happy Hour**  
6:00pm - 8:00pm | The Hub

22

**Wellness Fair**  
1:00pm - 3:00pm | The Hub

23

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

24

**HydroFit**  
6:00pm - 6:45pm | Front Pool

25

**Resident Focus Group**  
6:30pm - 7:30pm | The Hub

**Candle Restorative Yoga**  
7:30pm - 8:15pm | Yoga Studio

26

**Buns & Guns**  
7:15pm - 8:00pm | Yoga Studio

27

**Yoga**  
7:30pm - 8:15pm | Liv Fit

28

**Morning Flow Yoga**  
10:30am - 11:15am | Yoga Studio

**Book Club**  
*(Led by Liv Resident, Ginger)*  
2:00pm - 3:00pm | The Hub

31

**Liv Rejuvenated**  
6:30pm - 7:30pm | The Hub

30