

APRIL EVENTS 2024

● Events in orange represent Liv Wellness Classes
 ● Events in blue represent resident-led events (not Liv sponsored)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>01</p>	<p>HydroFit 6:00pm - 6:45pm Front Pool</p> <p>02</p>	<p>Candle Restorative Yoga 7:30pm - 8:15pm Yoga Studio</p> <p>03</p>	<p>Core Crusher 7:15pm - 8:00pm Yoga Studio</p> <p>04</p>	<p>Yoga 7:30pm - 8:15pm Liv Fit</p> <p>05</p>	<p>Family Game Night 6:30pm - 7:30pm The Hub</p> <p>06</p>	
<p>WORLD HEALTH DAY Morning Flow Yoga 10:30am - 11:15am Yoga Studio</p> <p>07</p>	<p>HydroFit 6:00pm - 6:45pm Front Pool</p> <p>08</p>	<p>Candle Restorative Yoga 7:30pm - 8:15pm Yoga Studio</p> <p>09</p>	<p>Buns & Guns 7:15pm - 8:00pm Yoga Studio</p> <p>10</p>	<p>NATIONAL PET DAY Yappy Hour 4:00pm - 5:00pm Bark Park</p> <p>Yoga 7:30pm - 8:15pm Liv Fit</p> <p>11</p>	<p>Craft with Bella 6:30pm - 7:30pm The Hub</p> <p>12</p>	<p>Pancake Breakfast 9:00am - 10:00am The Hub</p> <p>13</p>
<p>Morning Flow Yoga 10:30am - 11:15am Yoga Studio</p> <p>Spring Into Wellness: Taste the Rainbow Contest 4:00pm - 5:00pm The Hub</p> <p>14</p>	<p>HydroFit 6:00pm - 6:45pm Front Pool</p> <p>15</p>	<p>Candle Restorative Yoga 7:30pm - 8:15pm Yoga Studio</p> <p>16</p>	<p>Kid's Club 4:00pm - 5:00pm The Hub</p> <p>Core Crusher 7:15pm - 8:00pm Yoga Studio</p> <p>17</p>	<p>Mexican Train <i>(Led by Liv Resident)</i> 1:30pm - 2:30pm The Hub</p> <p>Yoga 7:30pm - 8:15pm Liv Fit</p> <p>18</p>	<p>19</p>	<p>20</p>
<p>Morning Flow Yoga 10:30am - 11:15am Yoga Studio</p> <p>21</p>	<p>EARTH DAY Earth Day Seed Planting 4:00pm - 5:00pm Splash Pad</p> <p>HydroFit 6:00pm - 6:45pm Front Pool</p> <p>22</p>	<p>Candle Restorative Yoga 7:30pm - 8:15pm Yoga Studio</p> <p>23</p>	<p>Buns & Guns 7:15pm - 8:00pm Yoga Studio</p> <p>24</p>	<p>Yoga 7:30pm - 8:15pm Liv Fit</p> <p>25</p>	<p>Green Chile Love Food Truck 5:00pm - 7:00pm Front Lot</p> <p>Happy Hour 6:00pm - 8:00pm The Hub</p> <p>26</p>	<p>27</p>
<p>Book Club <i>(Led by Liv Resident, Ginger)</i> 2:00pm - 3:00pm The Hub</p> <p>28</p>	<p>HydroFit 6:00pm - 6:45pm Front Pool</p> <p>29</p>	<p>Candle Restorative Yoga 7:30pm - 8:15pm Yoga Studio</p> <p>30</p>				

FOLLOW US!

